

BayWest BUG

Winter 2008 Ride Calender

June

blue = social rides / orange = road and social

Saturday 7th June **Federation Trail**

Social ride along the Federation Trail.

30km, no hills, mostly shared path.

Starting at **Altona Pier**, **10:00am**.

Finishing at **Werribee**, around **midday**.

Coffee somewhere in Werribee.

Sunday 15th June **Ride Eastlink**

We plan to ride in this as a group, probably with a slower and faster paced group.

Register at www.bv.com.au.

When you get there, ring Alan on 0417 594 601 to find out where we will meet.

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Winter 2008 Ride Calender

July

blue = social rides / green = road rides

Saturday 5th July “**Tour de Western Suburbs**” (with MazzaBUG)

Celebrate the start of the 2008 Tour de France by challenging yourself with this ride. Before you become too bleary-eyed from those late nights (or early mornings?) in front of the TV, join BayWest and MazzaBUG on this joint ride.

From Footscray, we will ride the **Maribyrnong River Trail** to Brimbank Park, have lunch, then continue along the **Western Ring Road path** to the **Federation Trail**, to Altona, then if you still have the energy, back to Footscray on the **Bay Trail**!

Total distance of the loop will be about **70km**, some hills, on mostly shared path.

Starting at **Footscray railway station, platform 4, 10:00am**.

Lunch at the Leaping Lizard cafe in Brimbank Park.

Sunday 13th July **Altona to Footscray**

Moderate-pace road ride, average speed of **25km/h**.

30km, few hills, all on-road.

Starting at **Altona Pier, 7:30am**.

Coffee at Melissa's cafe.

Sunday 20th July **Koonung Creek Trail**

Social ride along the Koonung Creek Trail – featuring **14km of pure downhill** (seriously!) on smooth path, with only one road crossing!

30km, few uphill (with 12km of downhill!), mostly shared path.

Starting at Mitcham railway station, **10:30am** (9:02 from Altona).

Finishing at **Flinders Street Station**, around **2pm**.

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Winter 2008 Ride Calender

August

blue = social rides / green = road rides

Sunday 10th August **BayWest link inspection ride**

Group inspection ride of the under construction BayWest link (West Gate Bridge to Footscray Road).

20km, few hills, some road, some shared path.

Starting at **Altona Pier, 10:00am**.

Finishing at **Docklands**, around **midday**.

Coffee at after ride.

Sunday 17th August **Werribee to You Yangs**

Moderate-pace road ride, average speed of **25km/h**.

50km, few hills, all on-road.

Starting at **Werribee railway station (town centre side), 8:00am**.

Coffee at Melissa's cafe.

Sunday 24th August **Maribyrnong River Trail**

Social ride along the spectacular Maribyrnong River Trail.

40km, a few hills, all shared path (some parts are smooth gravel).

Starting at **Ginifer railway station, 10:00am** (9:02am train from Altona).

Finishing at **Altona**, around **3pm**.

Lunch at the Footscray Community Arts Centre.